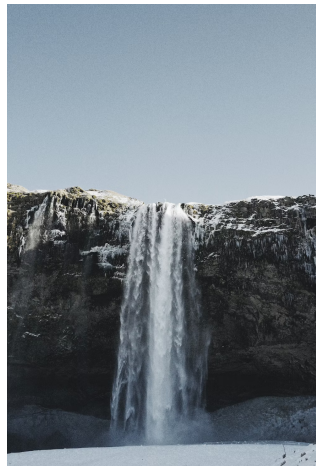




# *a life* POURED OUT



We are called to swim into the deep. A life of long obedience in the same direction. Where you discover that nothing is a waste at the feet of Jesus. So yes, eliminate hurry but never lose urgency. We run our race until we finish well.



May Teaching Series

# Wasting On Jesus

Week 3

# Reflect

Take some time to process together as a group on last week's practice:

- How did you start practicing what we talked about last week?
- How was your experience in your practice?
- Where did you feel God most present and distant this week?

# Overview

In Luke 7:36–50, Jesus is invited into the home of Simon the Pharisee, but Simon offers Him none of the customary hospitality expected in Jewish culture. No water for His feet, no kiss of greeting, no oil of honor. Though Jesus was physically welcomed into the house, He was not truly honored in Simon's heart. Into this tense dinner setting walks a sinful woman carrying an alabaster jar of expensive perfume. In an act of deep vulnerability and desperation, she weeps at Jesus' feet, wipes them with her hair, kisses them, and pours out what was likely her greatest earthly possession.

While others in the room see her actions as shameful, excessive, or wasteful, Jesus receives her worship with compassion and dignity. This story reveals that worship is more than outward religion or Sunday singing — it is a life poured out before Jesus in surrender, repentance, love, and devotion. Jesus welcomes those who feel unworthy,

# Reading

## Luke 7:36–50 NIV

36 When one of the Pharisees invited Jesus to have dinner with him, he went to the Pharisee's house and reclined at the table. 37 A woman in that town who lived a sinful life learned that Jesus was eating at the Pharisee's house, so she came there with an alabaster jar of perfume. 38 As she stood behind him at his feet weeping, she began to wet his feet with her tears. Then she wiped them with her hair, kissed them and poured perfume on them. 39 When the Pharisee who had invited him saw this, he said to himself, "If this man were a prophet, he would know who is touching him and what kind of woman she is—that she is a sinner." 40 Jesus answered him, "Simon, I have something to tell you." "Tell me, teacher," he said. 41 "Two people owed money to a certain moneylender. One owed him five hundred denarii, and the other fifty. 42 Neither of them had the money to pay him back, so he forgave the debts of both. Now which of them will love him more?" 43 Simon replied, "I suppose the one who had the bigger debt forgiven." "You have judged correctly," Jesus said. 44 Then he turned toward the woman and said to Simon, "Do you see this woman? I came into your house. You did not give me any water for my feet, but she wet my feet with her tears and wiped them with her hair. 45 You did not give me a kiss, but this woman, from the time I entered, has not stopped kissing my feet. 46 You did not put oil on my head, but she has poured perfume on my feet. 47 Therefore, I tell you, her many sins have been forgiven—as her great love has shown. But whoever has been forgiven little loves little." 48 Then Jesus said to her, "Your sins are forgiven." 49 The other guests began to say among themselves, "Who is this who even forgives sins?" 50 Jesus said to the woman, "Your faith has saved you; go in peace."

# Discussion

What stands out to you most in this story and why?

What differences do you notice between Simon the Pharisee and the sinful woman?

What keeps people today from coming honestly before God?

The message said: "Whatever stays hidden cannot be poured out to Jesus." What keeps people from bringing their real struggles into the light?

What is something you may need to "pour out" before Jesus right now?

Is there an area of your life where Jesus is present, but not fully welcomed as King?

# Practice

Set aside 10-15mins each day this week to come to Jesus' feet in prayer:

Ask:

What am I still hiding?

What am I clinging to for security?

What do I need to surrender at Your feet?

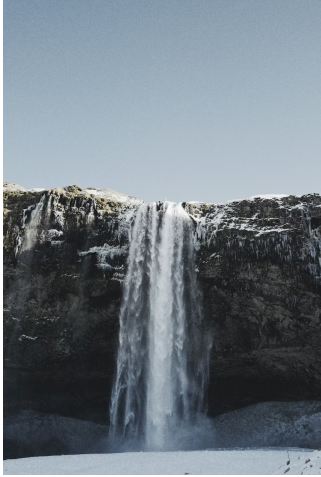
Spend time confessing honestly, receiving His forgiveness, and thanking Him for His mercy. If helpful, write your prayers in a journal as an act of surrender and worship.

# Further Resources

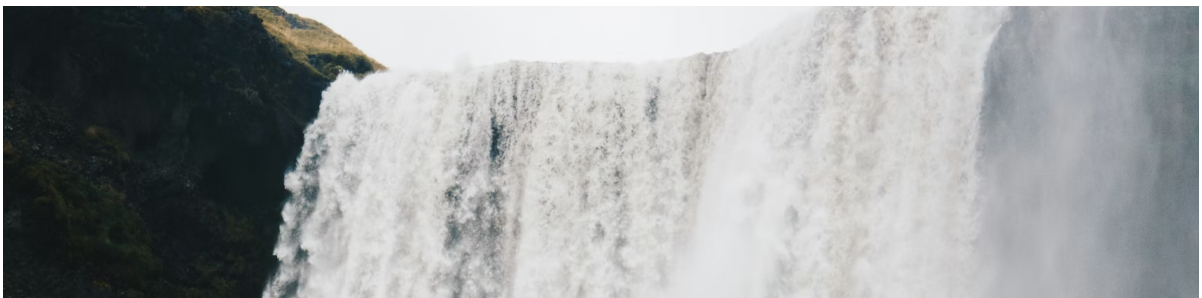
**Watch: A Life Poured Out Teaching Series** - Abbalove Church

**Read: The Deeply Formed Life** - Rich Villodas

**Read: Emotionally Healthy Spirituality** - Pete Scazzero



# Living from a Deep Well



[www.abbalovechurch.com](http://www.abbalovechurch.com)